

THINGS TO DO

Golf Course

Experience challenging terrain and magnificent views at Seven Springs' par 71 mountaintop golf course. Tee Times are required. Please call 866-437-1300 to reserve your space.

Hours: Open Daily, 8am



House Guest Rates			
	18 Holes	9 Holes	
Monday - Friday	\$65	\$48	
Saturday & Sunday	\$75	\$50	
Highlands Golf Rate			
Monday - Friday Only Play 36 holes between Seven Springs and Hidden Valley		\$100	

Sporting Clays

What is sporting clays? Patience. Precision. But mostly exhilaration! Unlike trap and skeet, sporting clays targets are thrown in a great variety of trajectories, angles, speeds, elevations and distances, which simulates actual hunting conditions.



Seven Springs Sporting Clays complex features three courses, two standard courses and one super sporting course, with multiple stations. To better serve our shooters, reservations are required at all times for the Sporting Clays Course. Call Ext 7899 to make reservations.

Hours: Open Daily, 9am - 4pm

Fly Fishing & Fish for Fun

The peaceful private waters of Seven Springs Mountain Resort provide fishers of all abilities with incredible opportunities. Here at Seven Springs, you will experience world class fishing, while creating memories to last a lifetime.

Fishing permits are required and can be purchased at the Sporting Clays Lodge or Hotel Front Desk. Call ext. 7899 for more information.

Hours: Sporting Clays Lodge Open Daily, 9am - 4pm

Screaming Hawk Zipline



Defy gravity and soar above Seven Springs Mountain Resort on the Screaming Hawk Zipline Course! Just lift your feet, lean back and enjoy this adrenaline-filled ride as you fly down nearly 2,000 feet of ziplines. The Screaming Hawk features a cargo climb, four zips, sky bridge and auto belay. You'll feel like you're flying on this thrilling, high-speed adventure! Book your adventure on the Screaming Hawk Zipline today.

Advance reservations are highly recommended. Walk-ins are accepted based on availability.

Make your reservations now by calling ext. 7997.

The Screaming Hawk Zipline is located at the Tubing Lodge, at the end of the Main Lodge Parking lot.

All-Day Adventure Pass



Calm down! Get out of town! Take a hike! You can do all of that and more this summer at Seven Springs Mountain Resort!

The All-Day Adventure Pass is your golden ticket to adventure all over the mountain! Take the Rock Wall Challenge, twist and turn

down the Alpine Slide, play around on with our newly renovated courtyard games and so much more!

Get your All-Day Adventure Pass on Saturday & Sunday at the Adventure Center, located on the lower level of the Ski Lodge.

Purchase your All-Day Adventure Pass online at https://www.7springs.com/summer/adventures/all-day-adventure-pass/

Or scan the QR code to the right with your smartphone camera to purchase.



<u>Bavarian Beach Outdoor Pool</u>



What better way to cool off after a warm summer day than a leisurely swim? Unwind after an exciting day and watch the sunset, take a few laps for a great workout or splash around with the kids!

OUTDOOR POOL FOR LODGING GUESTS ONLY FRIDAY - SUNDAY

As occupancy is limited at the Bavarian Beach Pool area and the indoor pool and with a high hotel occupancy each weekend, we are limiting these areas to lodging guests only on Friday through Sunday, so that they may enjoy these amenities.

Hours: Fri. - Sun., 11am - 6pm; Mon., Closed for the season. *Hours are weather permitting.*

Where Are You Dining?

= Special fall themed menu items!







Slopeside - ext.6000

Open for breakfast, lunch and dinner! With it's amazing views, Slopeside Restaurant at Seven Springs features a casual, relaxed, family-friendly atmosphere to dine and enjoy the mountains. Located on the fourth floor of the Main Lodge, near Center Lobby.

Hours: Daily, 7am - 9pm

Helen's - ext.7827

With distinct, authentic culinary creations and a rustic atmosphere that will take you back in time, Helen's Restaurant meets even the highest expectations. Located adjacent to the Ski Lodge. Reservations are strongly recommended!

Hours: Fri., & Sat., 5-10pm; Sun., 5-9pm; Mon. - Tues., Closed; Wed. - Thurs., 5-9pm

Slopeside Buffets



Fish Fry-day Buffet: Friday, 4-9 pm

Start your weekend off the western Pennsylvania way with a traditional Fish Fry at the Slopeside! Our Fish Fry-day Buffet attendants will be serving: Chef's soup selection, traditional mixed salad and three seasonal favorites, classic fried fish

sandwiches and southern style hush puppies, fried shrimp and scallops, grilled or baked fish with rice pilaf, haluski, pierogies, chef vegetable and desserts!

Adults: \$27 • Children \$15 (ages 11 and under) Ages 5 and Under: Free

Harvest *

Harvest Buffet: Saturday, 4-9 pm

Enjoy the flavors of the fall season with our Harvest Buffet in the Slopeside! Each week, this buffet may feature chef carved top round, beer brined turkey, maple glazed ham, pork, chicken, bratwurst, baked cod and more. These entrees are accompanied

by roasted potatoes, homemade noodles, potato pancakes, chef vegetable and desserts!

Adults: \$25 • Children \$13 (ages 11 and under) Ages 5 and Under: Free







Breakfast Buffet: Saturday & Sunday, 7-11 am

The perfect way to start your day! The Slopeside Breakfast Buffet features fresh fruit, yogurt, and breakfast classics like waffles, eggs, bacon, sausage, assorted breads, breakfast pastries and more!

Adults: \$17 • Children \$8 (ages 11 and under)

Ages 5 and Under: Free

Bavarian Lounge - ext.6000

The original barroom at the resort features a brand new look with the same cozy feel. Grab a craft beer, nosh on Chef Sandro's delectable bar food creations, devour the nostalgia.

Hours: Fri. & Sat., 11am - 10 pm; Sun. - Thurs., 11am - 9 pm

Mountain Pizza - ext.7635

Indulge in our fresh hot-out-of-the-oven pizza with your choice of toppings. Or try one of our hoagies, grinders or wraps! Room delivery is available. Located on the fourth floor, Main Lodge.

Hours: Fri. & Sat., 11am - 10pm; Sun., 11am - 4pm; Mon. & Tue., Closed; Wed & Thurs., 4 - 9pm

Grille at Sporting Clays - ext.7110

Stop by the The Grille at Sporting Clays for a cold beverage or a bite to eat. The menu offers a variety of appetizers, sandwiches, entrées and desserts ranging from truly classic American to the completely unexpected. Each week during the fall, enjoy our special seasonal drinks, appetizers ans entrees!

Hours: Fri., 11am - 4pm; Sat., 11am - 9pm; Sun., 11am - 7pm; Mon., Closed; Tue., 11am-5pm; Wed., Closed; Thurs., 11am - 3pm

《Gingerbread Dreams - ext.7486

Our ice cream parlor offers sundaes, cones and more! Also offering hot chocolate and coffee, or take some fudge to go. Saturdays and Sundays this fall will feature your favorite fall classic pastries, breads and more from the Seven Springs Bakery!

Hours: Fri., 4 - 10pm; Sat., 11am - 10pm; Sun., 10am - 5pm; Mon. - Wed., Closed; Thurs., 4 - 9pm

Mountain Perk - ext.7533

Jump start your day with a cup of Starbucks® coffee, along with a fresh baked bagel, pastry or breakfast sandwich on the weekend.

Hours: Fri. - Sun., 7 - 11am; Mon. - Wed., Closed; Thurs., 7 - 11am

Tee Top Lounge - ext.7143

Before, during or after your round of golf, stop up at the Tee Top Lounge to enjoy a sandwich, beverage and incredible views of the Laurel Highlands.

Hours: Fri. & Sat. 9am - 7pm; Sun. - Thurs. 9am - 5pm. Hours subject to change due to weather and tee times.



The Highlands Market is a boutique country market offering local artisan products and also features the freshest meats, cheeses, breads and specialty items as well as anything else you would need during your stay.

ا م

This fall, you don't want to miss the special seasonal offerings in our deli case! Come on in and see what's new at the Highlands Market.

The market proudly offers delectable prepared foods created by our culinary team to take back to your cabin or condo or enjoy in our cafe.

Order your favorite sandwich to go by calling 814-352-2046.

The Highlands Market also features a wide selection of wine, craft beer and domestic beer. Pick up a bottle of your favorite white or red, or a six-pack, 12-pack or variety pack from your favorite brewery!

The Highlands Market is located less than one mile west of the Main Gate of Seven Springs Mountain Resort on County Line Road.

Hours: Fri. & Sat. 8am - 8pm; Sun.-Thur. 8am - 6pm

THINGS TO DO

Trillium Spa - ext.7123



Relax, unwind and renew!

Seven Springs Trillium Spa is a sanctuary unlike any other. Ideal for first-time and veteran spa-goers, Trillium is the perfect place to escape the stress and commotion of everyday life. Trillum Services include Massage, Couples Treatments, Manicures, Pedicures, and more!

Reservations are required. Please call ext. 7123 to make your appointment.

Hours: Fri. & Sat., 10am - 6pm; Sun. - Thurs., 10am - 5pm

Purchase a Manicure and take 50% off a Pedicure! Plus all other spa services are 50% off the same day as well. Please mention Manicure Mondays when making your reservations.

More info at https://www.7springs.com/resort/trillium-spa/

Trillium Salon

Looking for a quick trim or hair style for a special event? Trillium Salon offer hair services for women, men and children. We also offer bridal make up consultation and application.

Hours: Fri., Closed; Sat., 9am - 5pm; Sun. - Thurs., Closed

Take A Hike!



Enjoy the finest outdoor experience around at Seven Springs Mountain Resort! Hiking is one of the most healthy and environmentally-friendly ways to have fun! Whether you're looking for solitude or a way to reconnect with family, escape the "real world" and immerse yourself in nature's splendor and tranquility on our miles and miles of hiking trails.

Download the Hiking Trail Guide at

7springs.com/summer/hiking-mountain-biking/



ADVENTURES AWAIT!

HOURS OF OPERATION		
Adventure Center	Fri., Closed; Sat. & Sun., 11a - 5p; Mon Thur., Closed	
Alpine Slide	Fri., Closed; Sat. & Sun., 11a - 5p; Mon Thur., Closed	
Bear Trap Fun Zone Game Room	Fri., Closed; Sat. & Sun., 12p - 8p; Mon Thurs., Closed	
Bowling	Fri., Closed; Sat. & Sun., 12p - 8p; Mon Thurs., Closed	
Cortina Chairlift	Fri., Closed; Sat. & Sun., 11a - 5p; (last ride up at 4:45p) Mon Thur., Closed	
Courtyard Activities Bocce Ball, Horseshoes, Pickle Ball & More!	Daily, 11a - 5p Equipment rental at the Hotel Front Desk Mon Thur. and the Adventue Center Sat. & Sun.	
Disc Golf	Fri., Closed; Sat. & Sun., 11a - 5p; Mon Thur., Closed	
Fishing	Please call Ext. 7899 for more info.	
Golf Course	Daily, 8a. Tee Times Ext. 7997	
Indoor Pool	Daily, 11a - 8p	
Lake Tahoe Adventures Paddelboats, Hydrobokes, Paddleboards, Kayaks	Fri., Closed; Sat. & Sun., 11a - 4p; Mon Thur., Closed	
Miniature Golf	Fri., Closed; Sat. & Sun., 12p - 8p; Mon Thurs., Closed	
Outdoor Pool	Fri Sun., 11a - 6p; Mon - Thur., Closed Lodging Guests Only Fri - Sun.	
Rockwall	Fri., Closed; Sat. & Sun., 11a - 5p; Mon Thur., Closed	
Screaming Hawk Zipline	Reservations required. Please call Ext. 7997	
Season Pass Office	Daily, 9a - 4p	
Segways	Reservations required. Please call Ext. 7997	
Sporting Clays	Reservations begining at 10a Daily, Call Ext. 7899	
Stables	Reservations required. Please call Ext. 7997	
*All hours for indoor and outdoor activities are subject to		

*All hours for indoor and outdoor activities are subject to change without notice and are weather permitting.

SHOPPING

Signature by Seven Springs

Featuring a wide array of men's, women's and children's apparel, products and gear from all of your favorite brands. Novelty items, artwork and Seven Springs branded items are also available. Located on the fourth level of the Main Lodge.

Hours: Fri. & Sat., 9am - 5pm; Sun. - Thurs. 9am - 4pm



health and well-being protocols and following all Center for Disease Control and Prevention (CDC) guidelines will continue to comply with all Pennsylvania Department of Health and State mandates regarding closures, procedures designed to protect the health and safety of its guests and resort professionals. Seven Springs In response to COVID-19, Seven Springs Mountain Resort has instituted a variety of new policies and regarding cleaning and disinfecting as well as social distancing.

To Read More About Our Clean & Safe Guidelines, please visit 7springs.com/clean-and-safe

